THIS BOOK

"Think globally; measure locally."

Spacetime is globally curved.

GLOBAL METRIC

is in global "map" coordinates, which we choose (almost) arbitrarily.

> <u>NO SINGLE OBSERVER</u> <u>MEASURES MAP QUANTITIES</u>

Spacetime is locally flat.

LOCAL METRIC

is in local "frame" coordinates, which we *choose* to be inertial.

EVERY MEASUREMENT IS LOCAL

Principle of Maximal Aging

The worldline of a free stone has maximum wristwatch time between adjacent events. This leads to constants of motion, such as map energy and map angular momentum, which we use to predict global orbits.

TOPICS NON-SPINNING BLACK HOLE GRAVITATIONAL MIRAGES GLOBAL POSITIONING SYSTEM EXPANDING UNIVERSE INSIDE THE BLACK HOLE COSMOLOGY ORBITING STONE GRAVITATIONAL WAVES MERCURY'S PERIHELION ADVANCE SPINNING BLACK HOLE

ORBITING LIGHT NAVIGATING THE SPINNING BLACK HOLE	
DIVING PANORAMAS TRAVELING BETWEEN UNIVERSES	

WHEELER'S RADICAL CONSERVATISM: Follow what the equations tell us, no matter how strange the results, then develop a new intuition!

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KEY IDEAS: Just three words summarize this book: <u>spacetime</u>, <u>motion</u>, <u>measurement</u>! The global metric--with arbitrary global coordinates--describes <u>spacetime</u>. The Principle of Maximal Aging describes free <u>motion</u>. Choose to report every <u>measurement</u> with respect to a local inertial frame.